

PENN MANOR CROSS COUNTRY SPECTATOR GUIDELINES

- Spectators may view races from the parking lots on the south side of the Middle School building. The spectating area will be limited to the paved parking lots.
- Spectators will be able to see runners at the start, middle and end of the race from this location.
 - Each sighting will provide several hundred meters of viewing time and will be within 100 meters of the course.
- Spectators are not permitted within the competition/course area.
- Parents / spectators may not visit the team staging areas, starting line or finish area.
- Parents are asked to refrain from interactions with coaches at meets, other than for emergency situations.
- **Note: Athletic Administration and event security may stop and/or discontinue competition if spectators present a safety concern for failing to follow event guidelines.**
- Spectator rules will vary by location. We ask that you be aware and follow guidelines established by each host site.